Why is self-assessment important in TBLT?

Self-assessment in TBLT is important for both teaching and learning purposes. Increasing learner involvement in assessment enhances student-centred learning which is crucial since it implies that the learner is actively engaged in the didactic process by performing tasks using the target language. Moreover, self-assessment provides learners with the opportunity of developing a further understanding of their own learning process and evaluating their readiness for a task according to their goals.